



# UoM Leos

Official Blog of Leo Club of University of Moratuwa  
Leo District 306 A2 SRILANKA

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**"Project 11-11-11" Drug & Alcohol Abuse awareness E mail campaign**  
WHAT EVENT TRANSPIRED We have planned a unique "Drug & Alcohol abuse" awareness program for young people of society like teen...

**May He Attain Nibbana !!**  
It is with deep regret that we inform all of you that Leo Harith Suraweera - Multiple District President and the national leader of all the...

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### HETA NIYAMU API

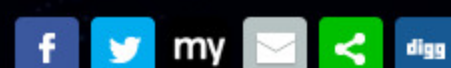
"Success isn't about how much money you make; it's about the difference you make in people's lives." Not all the people in the world get a chance to feel the same amount of love and affection from their parents. But those who don't get that also have to be treated as same as others because, they do have the same leadership qualities.



Different kind of leadership activities were done throughout the day with the help of the UOM Leos. Activities were mainly focused on improving communication skills, social skills, self-awareness and positive mindset which are the main qualities of a good leader.



Another successful day came to an end in the UOM Leos Diary with a successful project for the children who needs us the most with the participation of UOM Leos and prospects. Happiness and the cheerfulness in their faces told us what they have gained and our voyage of making leaders out of the ordinaries continues.



Posted by Nilupulee Hansamali at Thursday, September 20, 2018

Reactions:  good (0)  maxxa (0)

No comments:

### HARITHA SISILA

"Until you dig a hole, you plant a tree, you water it and make it survive, and you haven't done a thing. You are just talking." The world is dying without water and people still cut those trees which are the main source in the water cycle and wipeout forests from the land. The world is becoming a concrete forest quicker than man evolution.



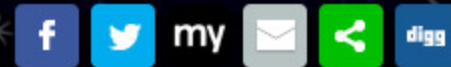
We just have to find solutions to this and as UOM Leos we took our first step in making a greener world by planting trees. Project Haritha Sisila was held on 16th September at Sri Sobhitha Vidyalaya, Watareka, Galle as the first but not the last in our mission.



The project was done in association with the Central Environmental Authority. Galle District Girl Guides also participated in this project other than UOM Leos and 30 trees were planted throughout the school area. The project was done in parallel to the National Tree Planting Day and our belief is that it should not just be limited to a day. So we are encouraging all of you, just try to plant at least one tree.



"Trees exhale for us so that we can inhale them to stay alive. Can we ever forget that? Let us love trees with every breath we take until we perish." Just take a moment and think about it.



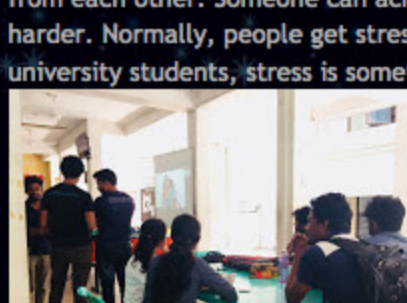
Posted by Nilupulee Hansamali at Thursday, September 20, 2018

Reactions:  good (1)  maxxa (0)

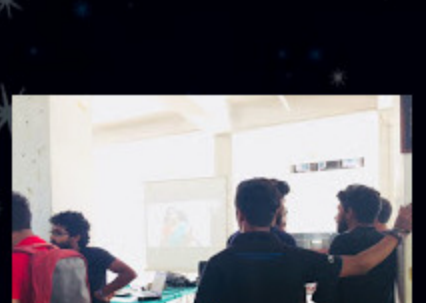
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### AATHMA JEEWAA

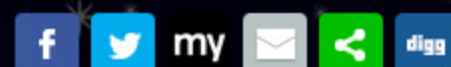
Being born with a human soul is very rare and it is a blessing. Therefore, we should spend our whole life to realize the beatitude, which is the peak we can achieve according to our religions. In the life as human beings, we all have different targets and dreams as well. Those things differ from each other. Someone can achieve his or her goals easily, but for some other one, it may be harder. Normally, people get stressed once when the life gets complicated. When it comes to university students, stress is something we can frequently see among them.



Therefore, pointing on that Leo Club of the University of Moratuwa organized an awareness program named "Aathma Jeewa" simultaneous with the World Anti Suicide Day, aiming the students in the University of Moratuwa. This program was held on 12th September and there, the students were made aware of the stress, depression and mental health and also how to get consulted by the correct person and many more.



This project was successfully held in the university premises with a high student participation.



Posted by Nilupulee Hansamali at Sunday, September 16, 2018

Reactions:  good (1)  maxxa (0)

No comments:

### අනර්ථ ජේතන

අනර්ථ පැමිණිමේදී භාග්‍ය ආරාධනා වැඩසටහන

අප මුතුන් මිත්තන් අතීතයේ පටන් විතර් කවිතක කිරීමත්, විතර් ඉඳි කිරීමත්, කොට්ඨාශයේ ඉටු කළත්. භාග්‍ය වී යන මෙවන් වටිනා මිනිස් රුක ගැනීම නමුත් වගකීමක් කොට ගනිමින්, මොරටුව විශ්ව විද්‍යාලීය ලීයා සමස්ත වීසිස් අංකයක් 23 වනදා මාර්තු 03 විකුට්ටර්මසේදී හා 24 වනදා කොට්ඨාස අභ්‍යන්තරයේදී උතුම් පැයකටත් සිදුකළත්.



එහි දී අප ලීයා වරදක් වීසිස් විතර් භූමියේ ඉඳි වෙමින් පවතින කට්‍යෝගීකරණයේදී කටයුතු කරමින් සිටින විටදී ආදානම් වන ලදී අතර එවිට අමතරව, විතර් භූමිය මිරිසිටි කිරීමටද අමතක නොකළත්. වෙනම කොතනා අප ලීයා වරදක් ලබාදුන් කොට්ඨාසයේදී ඉතාම වටිනා එකක් විය. මුද්‍රා ලබා මිනිස් යන මෙවන් ගුණයා, මුද්‍රා ලබා ගන්නා මෙවන් සිද්ධාන්ත රුක ගැනීම හා සංරක්ෂණය කිරීම අපට ඉතාම ඉතාම වටිනාකමක් විය. එම උත්සවයේ සාරාංශයට මෙහි ඇති සංරචක මගින් පිළිබිඹු වේ.



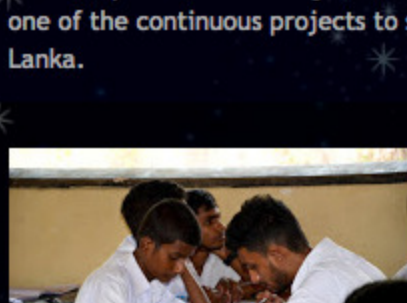
Posted by Nilupulee Hansamali at Wednesday, August 29, 2018

Reactions:  good (0)  maxxa (0)

No comments:

### NENA DIYAWARA

As a part of the society, we all have the responsibility to take our society to a higher level than where it is today. In order to change the society, we should start developing the mindset not from anywhere else but from childhood itself. So, keeping that in the mind, Leo Club of University of Moratuwa organized "Nena Diyawara" the Ordinary Level seminar which would be one of the continuous projects to share the knowledge to the students, who are the future of Sri Lanka.



The focus of this seminar series is the needy students who are in rural areas and family backgrounds with difficulties. The first step of the project series was kept in Athimale central college Monaragala on the days of 20th and 21st August and it was successfully held throughout the consecutive 2 days with positive feedbacks from them. So far, initial phase conducted and finalized, the second phase is soon to be held in Atugoda Sri Sumangala Vidyalaya Kegalle.



Posted by Nilupulee Hansamali at Saturday, August 25, 2018

Reactions:  good (0)  maxxa (0)

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*Happy Birthday*  
May you have happiness and success throughout the year  
Leo Nilupulee Hansamali (Editor)

*Best wishes*

**LEO CLUB OF UNIVERSITY OF MORATUWA**

UoM Leos on Monday